

**COVID-19 Protocols**

*Effective September 7, 2021*

***North Dakota Ballet Company requires the use of face masks/coverings for all guests, dancers and staff.***

* NDBC will continue to follow the ND Department of Health and CDC as it pertains to face coverings, COVID-related close contact and positive case guidelines.
* NDBC reserves the right to modify all policies and procedures at any given time without prior notice to ensure the utmost safety for our dancers, families & staff and to stay in compliance with the State of North Dakota

**COVID-19 Close Contact Policy**

* NDBC staff, dancers and families are asked to notify the Executive Director, Studio Director and/or Finance Director if they were deemed a close contact by the ND Department of Health.
  + Close contact is defined by the ND Department of Health as:
    - Being within 6 feet (2meters) of a COVID-19 case for a prolonged period (15 minutes or more). Close contact can occur while caring for, living with, or sharing a health care waiting area or room with a COVID-19 case, or
    - Having direct contact with infectious secretion of a COVID-19 case (being coughed on).
* If **UNVACCINATED** and deemed a close contact by the ND Department of Health:
  + The individual is not allowed to return to NDBC for 14 days from the last exposure to the person(s) who tested positive for COVID.
    - The individual may return to NDBC after 10 days if they remain symptom free.
    - The individual may return to NDBC after 7 days if they remain symptom free and have a negative COVID test (note: the negative COVID test must be administered at least 5 days after the exposure)
* If **VACCINATED** and deemed a close contact by the ND Department of Health:
  + The individual may immediately return to NDBC studios if they remain symptom free.
    - The CDC recommends the individual be tested for COVID 3-5 days after exposure.

*Note: Fully vaccinated means >2 weeks following the receipt of the second done in a 2-dose series OR >2 weeks*

*after receipt of a single dose vaccine.*

* Individuals who have a household contact who is pending a COVID-19 test result are not allowed to return to the studio until one of the following conditions are met:
  + - If the test is negative, the student is not exhibiting symptoms and/or the ND Department of Health has not asked the individual to self-quarantine; they may return to NDBC studios.
    - If the test is positive, **see close contact policies above**.

**COVID-19 Positive Test Policy**

* NDBC staff, dancers and families are asked to notify the Executive Director, Studio Director and/or Finance Director if they received a positive COVID-19 test result.
  + Persons with COVID-19 who are ***symptomatic*** may return to the studio when the following conditions have been met:
    - At least 10 days have passed since symptoms first appeared, and
    - Fever free (<100.4 F) for 24-hours without the use of fever-reducing medications, and
    - Symptoms are improving
  + Persons with COVID-19 who are **asymptomatic** may return to NDBC studios after 10 days have passed since the specimen collection date if they remain symptom free.

Updated 09/02/21